



CRUSH
60 MINS
EVERY DAY

FREE help through lockdown with our

FREE

Lockdown Activity Packs 3.0.

P1 - P7

- PE Videos
- Daily Mile
- Emotional Wellbeing
- Sports Specific Challenges (Rugby, Soccer, Gaelic Games)

Our best yet!



Crush the 60 minutes of physical activity, tracked and rewarded using our FREE Healthy Kidz Virtual Buddy App



FREE

Register every child online
www.healthy-kidz.com

Term 3 Sports Day coming next...

SPAR



EUROSPAR



VIVO



VIVOXTRA



VIVO

Essentials