



## Big Walk and Wheel 2022

# Info sheet



Sustrans Big Walk and Wheel is the UK's largest inter-school walking, wheeling, scooting and cycling challenge that inspires pupils to be amazing and take active journeys to school.

## The 2022 challenge

See your local area from a new perspective, learn about the benefits of active travel and discover amazing journeys to school from around the world.

This year the challenge will run from **21 March–1 April**.

Register for the challenge from January 2022 at

[www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk).

## How it works

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school.

A school's best five days will determine their final position and schools at the top of their leaderboards will receive an exclusive Sustrans Big Walk and Wheel certificate.

## Be part of something BIG

Our vision is a society where the way we travel creates healthier places and happier lives for everyone.

## Prizes

All schools will be entered into daily prize draws for rewards if over 15% of your school takes part on each day of the challenge. Prizes up for grabs include accessories and equipment to help your school travel actively.

In 2021,

**3,131kg**

of nitrogen oxide avoided  
as a result of the 10-day  
challenge\*

In 2021,

**1,488  
tonnes**

of CO<sub>2</sub> avoided as a  
result of the 10-day  
challenge\*

In 2021, pupils at

**1,468**

schools made

**2,031,397**

journeys to school by  
foot, wheelchair,  
scooter and cycle

\*Based on the assumption the journeys logged in the challenge would otherwise have been made by car.

## School resources

We provide a suite of fun and interactive resources to help make your challenge a success. These free resources include:

- Daily classroom activities
- A school account on the Big Walk and Wheel website
- Leaderboards
- Top Tips



## FAQs

### Who can take part in the Big Walk and Wheel 2022?

All schools in the UK can take part in the Sustrans Big Walk and Wheel (provided they have a DfE or SEED no. or an IRN). All pupils can take part in Big Walk and Wheel 2022 by taking active journeys to school. Other ways of taking part exist for children with specific barriers to participation.

### How do I register?

Simply fill in your school details on the [Sustrans Big Walk and Wheel registration page](#).

### What counts in the challenge?

For each pupil you can log one active journey to school per day – this includes walking, using a wheelchair, scooting and cycling.

For children with specific barriers to participation (special educational needs, disabilities, use of LA provided transport, remote learning, boarding school boarders) you can log one alternative activity instead. Please see the [Ways to take part in the challenge](#) pdf for further details.

## What next?

1. Register for the challenge from January 2022 at [www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk)
2. Put 21 March–1 April 2022 in your diaries
3. Email the Big Walk and Wheel team if you have any questions: [bigwalkandwheel@sustrans.org.uk](mailto:bigwalkandwheel@sustrans.org.uk)

Headline sponsor:



Sustrans is the charity making it easier for people to walk and cycle. Join us on our journey. [www.sustrans.org.uk](http://www.sustrans.org.uk)

Sustrans is a registered charity no. 326550 (England and Wales)  
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